

Duluth Township Community Education

Winter 2012 Class Schedule



Duluth Township Community Education
5926 Ryan Road, Duluth, MN 55804
218-525-0663, ext. 300
www.duluthtownship.org/
EducCoordinator@duluthtownship.org

Don't delay. Pick some classes, fill in your registration form, and return it today!

Additional registration forms can be downloaded at:
http://www.duluthtownship.org/community_education/index.htm

Interested in teaching a class? Contact Michelle Libby or Jo Thompson at 218-525-0663, ext. 300

Family Skating Night

Contact: Michelle Libby
Bring the family and join other community members for a fun filled evening of ice skating, hot cocoa and marshmallow roasting! Children and adults of all ages welcome! Participants must bring their own skates.

Date: Friday, February 10

Time: 7:00 – 9:00 pm

Location: NSCS Ice Skating Rink

Cost: Free

Hatha Yoga: New Year Special

Instructor: Tera Freese
Classic Hatha poses, pure movement and breath work. Hatha increases the body's alignment, stability, strength and flexibility. This class is for all levels, instruction in optional poses will be provided to advance individual practice. Wear comfortable clothing. Bring a mat and blanket.

Dates: Tues. Jan 10, 17, 24, 31 and Feb. 7, 14, and 21

Time: 7:00 – 8:15 pm

Location: North Shore Community School Library

Cost: \$60.00 (7 classes for the price of 6)

Weight Watchers

Are you interested in joining Weight Watchers? If enough interest is generated we have the opportunity to begin a Weight Watchers program right here in our township. Meetings would be held at North Shore Community School in the early evening once per week. Weight Watchers would provide a professionally trained staff person, program materials developed by experts in the field of nutrition and weight management, meeting topics for the week with specific objectives designed to support member weight loss, confidential weigh-ins, and complimentary eTools. The cost would be \$39.95 per person per month. A minimum of 20 people is needed to begin onsite meetings. Encourage a friend or neighbor and let us know that you are interested! Contact Michelle Libby at 525-0663 ext. 300, or send an email with your name and phone number to: libby@lakenet.com

Community Dance

There will be a Saturday Night Community Dance in February. See Duluthtownship.org later for more details or call Jo Thompson at 525-5854.

Beginning Norwegian- Afternoon or Evenings **Canceled**

Instructor: Arna Rennan

The class is based on the textbook used at St. Olaf College. Pronunciation, intonation, and grammar are emphasized. Some folk music will be utilized as an excellent way to learn the language. Arna Rennan has lived in Norway for 15 years and has broad experience in teaching the language and culture. There will be a \$5 material fee payable to the instructor on the first day of class. 8 sessions

Dates: Tues. Jan 10, 17, 24, 31 and Feb 7, 14, 21, 28

Times: 2:00 – 3:30 pm at the Duluth Townhall or
6:00 – 7:15 pm at North Shore Community School

Cost: \$45.00

Continuing Norwegian/Intermediate

Instructor: Arna Rennan

For those who have taken the beginners class or have some previous knowledge of the language, we will continue in the textbook from where we left off. It is also possible to go to both the beginning and intermediate class to reinforce what was previously covered. There will be a \$5 material fee payable to the instructor on the first day of class. 8 sessions

Dates: Tues. Jan 10, 17, 24, 31 and Feb 7, 14, 21, 28

Time: 7:15 – 8:30 pm

Location: North Shore Community School Art Room

Cost: \$45.00

The Sucker Sessions

Facilitator: Andrew Slade

Minnesota Environmental Partnership will be sponsoring a series of talks on the Sucker River Watershed. The Sucker River is a classic North Shore stream with a long history of resource use and protection. Come meet your watershed neighbors and learn about this fascinating area. These informative talks are open to all even if you do not live in the watershed.

Dates: Thursdays

January 26; Andrew Slade, The Sucker and the Shore
February 2; Carl Haensel, Fish and habitat of the Sucker River

February 9; Todd Lindahl, Historic logging and logging railroads in the Sucker River

February 16; alternate date, in case of snow cancellation.

Time: 7:00 – 8:00 pm (social time at 6:30 pm)

Location: North Shore Community School Cafeteria

Cost: Free

Knitting

Facilitator: Jo Thompson

Experienced as well as beginning knitters are welcome to gather once a month to share ideas and learn new tips. Someone will be available to help want to be knitters get started.

Date: The last Tuesday of each month.

Time: 6:30 – 8:30 pm

Location: Duluth Town Hall

Cost: Free

Duluth Township Community Education Registration

5926 Ryan Road, Duluth, MN 55804

Participant Name _____ Childs Age: _____

(complete a separate form for each participant) (If Applicable)

Parent/Guardian Name _____

Address: _____

Home Phone: _____ Work Phone: _____ E-Mail _____

(1) Class Title: _____ Class dates _____

Instructor: _____ Fees (\$): _____

(2) Class Title: _____ Class dates _____

Instructor: _____ Fees (\$): _____

Comments (include special needs, etc): _____

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